



Worried about your alcohol or drug use?

We're here
to help

Talk to someone you can trust. Anonymously.

It's difficult to reach out for help. We provide a safe and confidential space for people to talk about their concerns, receive information and explore options.

adis is available 24 hours, 7 days a week.

adis.health.qld.gov.au | **1800 177 833**
(free call)

adis

**24/7
ALCOHOL
AND DRUG
SUPPORT**

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